

Name _____

B.B.2
Reading Health
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1. The sign of a disease is called a/an

- A. bacteria
- B. fungus
- C. symptom
- D. virus

2. A condition that keeps the body from feeling or working well is

- A. bacteria
- B. disease
- C. fungus
- D. microbe

3. A disease that can spread from person to person is a/an

- A. allergy
- B. communicable disease
- C. heart disease
- D. noncommunicable disease

4. High temperature helps _____ microbes spreading.

- A. keep
- B. increase
- C. improve
- D. stop

5. What is one way HIV is NOT spread?

- A. through body fluids such as blood
- B. shaking hands
- C. sharing needles
- D. from an infected mother to her unborn child

6. The immune system is

- A. all of the parts and functions of your body that fight germs
- B. a disease that can be spread to a person from another person, animal, or object
- C. an organism that feeds off other living or dead organisms
- D. sensitivity to a certain substance

7. A serious disease caused by HIV in which the immune system is very weak is:

- A. heart disease
- B. cancer
- C. asthma
- D. AIDS

8. Air pollution is a/an

- A. hereditary risk
- B. environmental risk
- C. lifestyle risk
- D. is not a risk at all

9. The purpose of a vaccine is to protect your body from:

- A. never getting a cold
- B. diseases like chicken pox, mumps, measles, and polio
- C. breaking bones from a fall
- D. ever getting skin cancer or developing heart disease

10. A chronic disease is one that lasts for a _____ time.

- A. immunity
- B. long
- C. symptom
- D. short

Short Answer: 2 points each

11-12 Describe what mucus is and how it protects you.

13-14 Lifestyle- related decisions are risk factors that increase the possibility that a person will get a certain disease. Name two positive lifestyle decisions when you are going to be out in the sun that can reduce your risk of getting skin cancer.

15-16 The best way to prevent heart disease is to keep your heart healthy. Describe two lifestyle-related decisions to keep your heart healthy.

Extended Response: 4 points

17, 18, 19, 20 List four ways to keep microbes out of your body.

21, 22, 23, 24 List four symptoms that require immediate attention and you need to tell an adult right away if you experience these.
